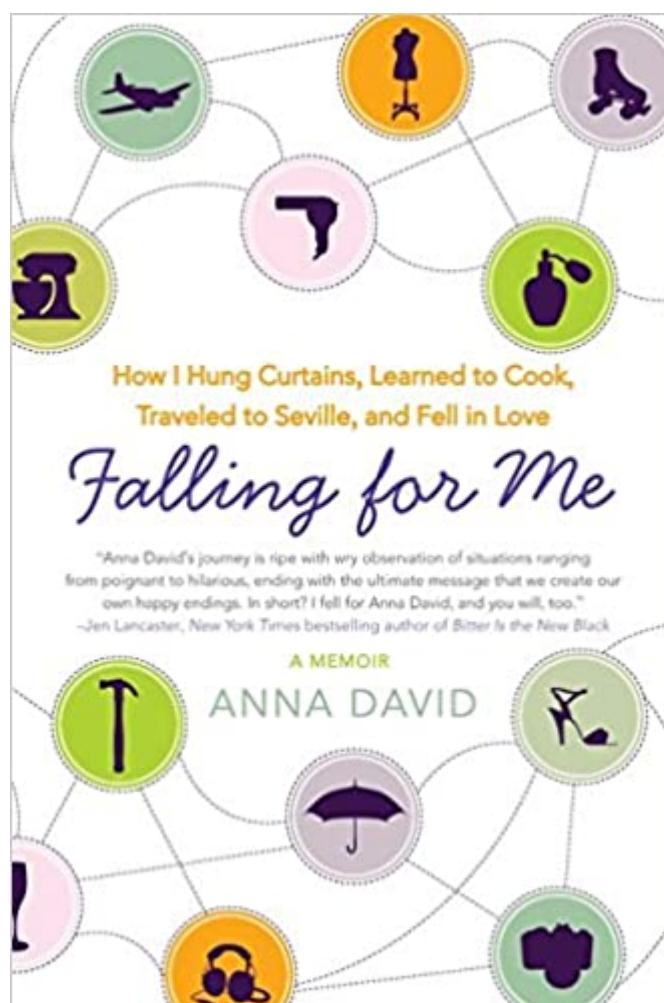


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Falling For Me: How I Hung Curtains, Learned To Cook, Traveled To Seville, And Fell In Love



Synopsis

“Funny, smart, and compulsively likeable, Anna David is this decade’s answer to Carrie Bradshaw. There won’t be a single second you won’t root for her as she bravely tries to answer the resonating question: how can I be my best self?” —Allison Winn Scotch, New York Times bestselling author of *The Department of Lost and Found* The sex-and-relationship expert on *G4’s Attack of the Show*, author of *Party Girl and Bought*, and the editor of *Reality Matters*, Anna David is smart, successful, and single. *Falling for Me* is Anna’s provocative, eye-opening, and inspiring chronicle of the year she changed her life by following the advice of *Cosmopolitan* Magazine guru Helen Gurley Brown in her classic *Sex and the Single Girl*. Anna’s story of “How I Hung Curtains, Learned to Cook, Traveled to Seville, and Fell in Love” and her determination to either find “the one” or accept once and for all that it’s not in the cards “is touching and transformative, exhilarating and uplifting, and belongs on every bookshelf next to *Eat, Pray, Love* and *The Happiness Project*.”

Book Information

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Customer Reviews

“Because every girl can use a best-friend-in-a-book, and this one is a winner: funny, smart, and brutally honest.” —(Flavorwire.com) “A thoughtful chronicle with inspiring lessons in personal growth and building a life one loves from the inside out.” —(Publishers Weekly) “Anna David’s journey is ripe with wry observation of situations ranging from poignant to hilarious, ending with the ultimate message that we create our own happy endings. In short? I fell for Anna David, and you will, too.” —(Jen Lancaster, New York Times bestselling author of *Bitter Is the New Black*) “In this

new form of reality lit, Anna David shows it's never too late to come of age and sometimes it takes an unexpected fairy godmother- say Helen Gurley Brown-to get us there. Anna had me falling for her, myself, and this book with every brave and vulnerable page. • (Jennifer Belle, New York Times bestselling author of High Maintenance and The Seven Year Bitch)

Like most women, whether they've chosen the Fortune 500 career path or have had five kids by 35, Anna David wondered if she'd made the right choices. Then she came upon the book *Sex and the Single Girl* by Helen Gurley Brown, *Cosmopolitan's* fearless leader from the mid-sixties to the late nineties. Immediately connecting with Gurley Brown's unique message of self-empowerment combined with femininity, Anna vowed to use *Sex* as a lesson plan, venturing out of her comfort zone in the hope of overcoming the fears and insecurities that had haunted her for years. Embarking on a journey both intensely personal and undeniably universal, she becomes adventurous and spontaneous—reviving her wardrobe and apartment, taking French lessons, dashing off to Seville, and whiling nights away with men she never would have considered before. In the process, she ends up meeting the person really worth changing for: herself.

A friend referred me to read this book as we do have a similar journey. Finding myself in my late twenties single and frustrated with dating or lack thereof. My own experience has been about embracing who I am, discovering my own dreams and desires. I am grateful to have read this book and to discover that I am not the only one in this type of self-discovery journey. I love how the author tackle various tasks as mundane as learning how to hang curtains and dealing with the Ikea customer service and gain insight about issues such as surrendering, being open to the possibilities. This book inspired me to look at my own life and embrace an area such as beauty to explore and grow from.

I have been a fan of Anna David's previous works, "Party Girl", "Bought" and "Reality Matters". So, I was really looking forward to reading "Falling For Me". This book takes a look as Anna starts on a journey of reinventing her own life. Using Helen Gurley Brown's "Sex And The Single Girl" as a roadmap, Anna takes on some of life's challenges. I found her journey to be sweet and thoughtful as well as some comedy sprinkled in. I think this is Anna's best work to date. I enjoyed her first-person conversational style. To me, it felt like a glimpse into someone's journal. I found myself rooting for Anna as she set forth on these challenges. And, who hasn't been in her place when falling in love. And, if you're not careful, you might just learn some valuable life lessons. I know I sure did. This is

one book I may have to read again, since I may have missed the more subtle references. So, if you're a fan of Anna's previous works, or just a fan of a really well thought out and well written story, then this is the book for you. Very highly recommended.

Anna David is my favorite author. I loved her other books, Party Girl, Bought, and Reality Matters. I had to take a 3 hour train ride today, and I read the entire book, Falling For Me. Unlike Anna's other books which were sexy, fun, and exciting to read. This book was a personal memoir. Anna was willing to share so much of personal life with us, the reader in this book that I could not put it down. I know that Anna is, a relationship expert, and thanks to Social Networking I know that she is also Single. I felt it was none of my business why she was not married. But Anna wrote this book and explained all of this, her pain, her struggles, her mistakes. Then finally this life changing decision to follow Helen Gurley Brown's example to live her life by. Anna always cuts through the fog of romance to answer the basic questions. We cannot be in love with a partner unless we fall in love with ourselves. Falling For Me is speaking to me on a deeply personal level. I am age 46, single, with a fear of dying alone. I have difficulty leaving my own comfort zone. I am going to try to learn from Anna's book, Falling For Me to help make vital changes in my own personal life. This book had a deep effect on me. I highly recommend it. AnthonyNYC

Every book Anna writes I am more impressed with her skills as a writer and her ability to connect with the audience of whom she writes for. Falling for Me, was an incredibly well written book, as Anna's journey to self improvement and self understanding, leads her through many interesting experiences. It takes a courage to write a Memoir like this that is so raw. Anna leads us through her journey from tears to laughter, from her darkest times to her triumphs. This book is about decisions, both good and bad. Hilarious dating site experiences, speed dating, steamy romances, and conquering fears. I highly recommend this book to anyone who has ever doubted themselves as it was quite inspirational to read. Also, don't let the title fool you, men can learn a lot from this book as well, I know I did.

Ok, so the author is crazy but hit the nail on the head with this story. She taps into something that so many people are going through - You can easily feel like something is wrong with yourself if you get to your 30s and are unmarried because you're not right in the head. I just spent all night reading the book and I'm sure it will be a huge success. Read the first chapter online and it only gets better. For me, it was like reading a female version of my own story. The author is smart...the personal nature

of her stories and thoughts cut through the B.S. bravado in her life and the reader's. It was worth reading all night...although I doubt my skin is going to be glowing when the sun comes up. Highlights include: plenty of hot single sex, inner thoughts on everything, lots of dates and watching the Author grow into herself. The book had a, 'man in the grey flannel suit' quality about it. If you understand what she's talking about...this book could be a life changer. I'm going to buy some extra copies for friends.

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